

THE SEX DOC

Lexx Brown James

Certified Sex Educator | Best Selling Author | Keynote Speaker



WHO AM I?

Dr. Lexx is a phenomenal sex therapist, educator, and media consultant. The #CouplesClinician runs The Institute for Sexuality and Intimacy, LLC and is an Amazon best-selling author twice over! She's the coolest nerd you'll ever meet and she's passionate about helping others build, maintain, and perpetuate true relationship intimacy with #shamefreeensexed.

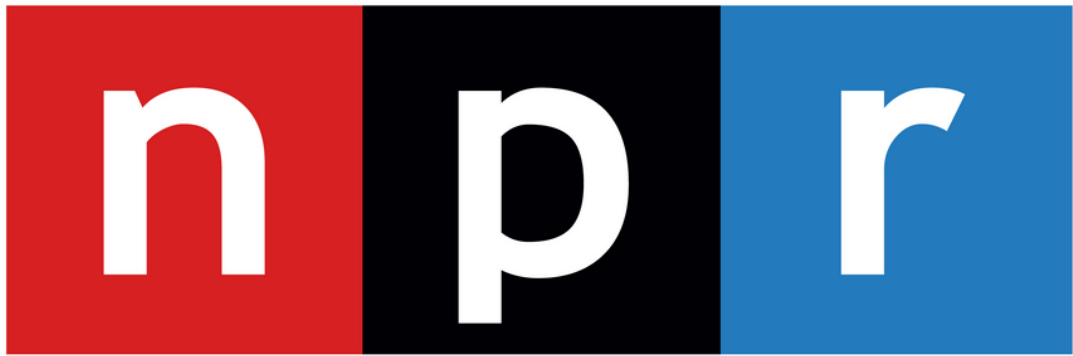
For Dr. Lexx, therapy work helps people heal from relationship distance, intimacy challenges, depression, anxiety, grief, and trauma. Her educational work teaches others about sex positive comprehensive sexuality from an intersectional lens. It is The Institute's mission to deliver sex positive, comprehensive, gender expansive, adipositive, culturally diverse, queer and trans inclusive, medically accurate, shame free sex education.

Combining therapy and education allows Dr. Lexx to create a well rounded experience. Clients, learners, and professionals develop new applicable skills through our work together, whether that be in the therapy office, classroom, professional seminar or keynote.



FEATURES & COLLABORATIONS

THERAPY *for*
BLACK GIRLS



ESSENCE



iHeartRADIO



THE
HUFFINGTON
POST



NEW YORK'S VERY OWN



PBS



THE BLACK GIRLS' GUIDE TO COUPLE'S INTIMACY

This 90+ page workbook encourages couples to create, build and maintain intimacy with its activities. Couples will work together and separately to journal, color, and communicate with one another in new and intimate ways. In this workbook couples will find physical intimacy, emotional intimacy, conflict management, and varying ways to communicate with one another through physical, verbal, and self-reflective methods.

Singles, couples, throuples, and polycules can use this book to gain insight on what they want in a relationship, learn who they are through conflict, and access a list of resources to push their understanding of intimacy and pleasure further.

[CHECK IT OUT HERE](#)



THESE ARE MY EYES, THIS IS MY NOSE, THIS IS MY VULVA, THESE ARE MY TOES

This a book to help children of all genders and their caregivers normalize body parts. Different parts of the body are covered in fun images representing children from all sorts of lifestyles and backgrounds.

With illustrations of children of all sorts of body shapes and abilities, you can show that you can have fun together no matter what you look like! This text also includes gender diversity, pronoun usage, and even a little about body changes at puberty in non scary ways!



GET YOUR COPY HERE



WORK I HAVE CONTRIBUTED TO

Dissertation: Exploring associations between Black Women's Rape Fantasy
and Power

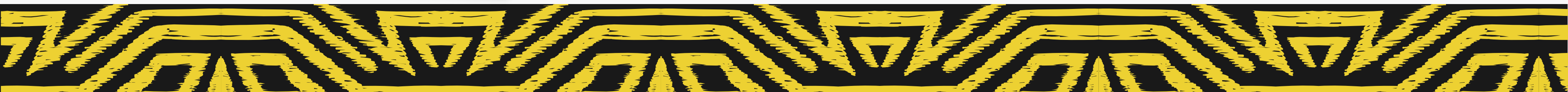
Nonnie Talks about Consent: Mary Jo Podgurski & Dr. Lexx Brown-James

Taking Sides: Clashing views in Sexuailty- Chapter: - Should Sex Educators
be Required to Have Formal Training?

Sex therapy with ERotically Marginalized Clients: Nine priciples of clinical
support- The Case of Queeran: When Shared Intersectionality Supports
Black, Fat and Queer Healing

Orientation Teaching about Identity Attraction & Behavior: Lesson Plan:
Asking and Telling Uncovering the Experiences of Lesbian, Gay, Bisexual, &
Queer Servicepeople

My Vulva and Me: Chapter: Smile Pretty Baby



SPEAKING TOPICS

Being a Sex Positive Parent:

An interactive webinar that covers what a sex positive parent is and isn't. You'll learn how to become more sex positive as a parent and get resources that parents and their families can utilize to develop a healthy, sex positive atmosphere for their family. Ideal class size can vary. This workshop is best for any type of caregiver or person who desires to be a caregiver to any youth.

Adolescent Sexual Development

This 45-minute inclusive workshop walks through various stages of sexual development for youth. It includes body & attitude shifts and expectations of sexuality-based behaviors by age, as well as what to look for as indicators of harm or trauma. This class works for parenting groups, organizations, teachers, school districts, and healthcare agencies.

Parenting, Sexting, & Porn

This 60-minute interactive workshop is full of difficult realizations. It's filled with case studies and interventions to help caregivers support youth who will eventually encounter porn. Interventions are sex positive and legal.





SPEAKING TOPICS

Sexuality Educator Antiracist Training

A 5 hour workshop specifically designed for sexuality educators with an understanding of Critical Race Theory, Trauma Responsiveness and Intersectionality. The course provides applicable practice interventions to interrupt systemic, interpersonal and intrapersonal racism in the field of sexual health education.

Pardon Your Bias?: Building interrupts Throughout Ecosystems

A 90 minute workshop including Several Frameworks about the insidiousness of bias, personal Stories of success and failure, and a few ways to interrupt bias and break negative feedback loops of oppression. Great for small groups, organizations and corporations looking for ways to apply multilevel intervention. Lecture based discussion delivered to 200 people at one time previously.

The Black Girls' Guide to Getting Rid of Sexual Shame

Dr. Lexx walks you through how to use her trademarked sexual shame intervention model. The method she uses equips you with the ability to talk about sexuality and work with clients around sexuality-based shame. Her model takes no less than 3 hours, although 6 hours would be most ideal. Comes with handouts to keep and share with clients in the work you do, because you will have an entire takeaway method to apply.

A FEW KIND WORDS

"As a fellow educator learning from you and the way you present was so awesome and the way you made me feel. It was a brave and nourishing space."

"Today was a gift, the most inclusive training I've ever attended!"

"Dr. Lexx, I appreciate your use of skills based instruction during this day. Thank you for being a super star sex educator!"

"You are that friend in my head the way you said Dr. Brene Brown is yours. I have been following you since I heard you speak at the virtual AASECT conference last year and I am having a total fangirl moment ..."

"The B.R.I.E.F.S model is an awesome, clear path for breaking shame and guilt."

Dr. Lexx

Supporting Relationships One Change At A Time

For media inquiries and booking, email: **lexx@lexxsexdoc.com**




www.twitter.com/lexxsexdoc



www.facebook.com/lexxsexdoc



www.instagram.com/lexxsexdoc



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TODAY AT 8 PM

COUPLE'S INTIMACY WEBINAR



@LEXXSEXDOC


the Sexx Doc is

GOING LIVE




BLACK GIRLS' GUIDE TO COUPLE'S INTIMACY

This 90+ page workbook for couples to create, build and maintain intimacy. Couples will work together and separately to journal, color, and communicate with one another



WHERE'S YOUR COPY?



@SEXXDCCC

JOIN ME ON IG LIVE "SEX ED TOPIC TITLE"

June 17th a 2pm




READY TO IMPROVE YOUR INTIMACY?


Get Your Copy Today!

Learn to work together and separately to journal, color, and communicate with one another

GET YOURS TODAY

BLACK GIRLS' GUIDE TO COUPLE'S INTIMACY

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50% OFF SALE

These are My Eyes,
This is My Nose,
This is My Vulva,
These are My Toes

